



## **Codes of Conduct**

Oxford Figure Ice Skating Club's (OFISC's) Codes of Conduct set out the standards and expectations that are applicable to everyone involved with the club. The Codes of Conduct align with the Codes of Conduct of British Ice Skating (BIS). All people involved with the club are required to follow the Codes of Conduct as set out by BIS (available at <https://www.iceskating.org.uk/>), and which are outlined below.

As a BIS Affiliated Club, OFISC and all people associated with it will:

- Promote the BIS Code of Conduct to all club members, parents and/or carers of club members and all volunteers and ensure that they are adhered to at all times. Encourage every member of the club to ensure their behaviour and actions meet the values and standards expected of them at all times.
- Support and positively embrace the spirit of Ice Skating.
- Respect all Members of BIS including (but not limited to) Coaches, Judges, Officials and all other individuals who are involved in Ice Skating.
- Support all aspects of effort and performance and give positive comments that motivate and encourage continued effort and learning.
- Understand that competitions are about being involved in Ice skating and not all about winning and accept all results without undue disappointment.
- Be a positive role model to all Skaters by encouraging them to work towards improvements and good sportsmanship.
- Encourage participation by applauding performances of not only club members but all skaters involved in the sport/competition.
- Respect the rights, dignity and worth of Children, Young People and Adults at Risk and ensure that we are aware of the Safeguarding best practice guidelines and procedures when interacting with them, and that any concerns are raised to the Club's safeguarding officer and/or Club Chair and/or BIS.
- Respect the rights, dignity and worth of all people involved in ice skating, regardless of any protected characteristic (age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, sexual orientation or political beliefs).
- Respect BIS and/or an individual's reputation and not take any action or make inappropriate or detrimental comments about a fellow participant, coach, official, club, volunteer or member of BIS staff that will bring the Sport or those associated with delivering the Sport into disrepute.
- Respect BIS's Social Media Policy and not take any action or publish inappropriate or detrimental comments about a fellow participant, coach, official, club, volunteer or member of BIS staff.

OFISC and all people associated with it will not:

- Pressurise any person in any way or force anyone against their will to be involved in the sport of Ice Skating.
- Use inappropriate language, harass other members/skaters, Coaches, Judges, Officials, volunteers or spectators.

- Criticise or ridicule any skater/skaters.
- Impinge on others enjoyment of the sport by consuming alcoholic drinks, consuming illegal substances, smoke or vape immediately prior to or while participating in the sport or during an event, or while volunteering or safeguarding children, young people or vulnerable adults.
- OFISC and all people associated with it understand and accept that any breach of this Code of Conduct on their part may result in BIS taking actions under the Disciplinary Regulations.

### **Code of conduct for coaches, club officials and safeguarding/welfare officers**

BIS's Codes of Conduct state the values and standards expected at all times.

- In addition to the above, coaches, Club officials or Club safeguarding/welfare Officers agree that they will respect and:
- Will be a positive role model for BIS by acting in a way that projects a positive image of my role within ice skating and being fair, considerate and honest with participants and officials.
- Will display high standards in my language, manner, punctuality, preparation and presentation to ensure that all time spent with me by participants or colleagues is a positive experience.
- Will exercise reasonable care and skill when carrying out duties, including but not limited to keeping up to date with the latest practices and developments by taking up further education and other personal and professional development opportunities.
- Be consistent, independent and demonstrate complete impartiality through exercising reasonable care and skill to enforce the rules of the sport by applying them fairly and to effect control of the delivery of the sport.
- Be mentally and physically fit to carry out my role within Ice Skating.
- Ensure that the training and/or competition environment is safe and appropriate for the age, physical and emotional maturity, experience and ability of the athletes.
- Ensure that they follow instructions and comply with all health and safety regulations that apply to the role they are undertaking.
- As a coach, seek to inspire and motivate in accordance with an individual's abilities to enable them to ice skate to the best of their ability and realise their potential.
- As a coach, provide athletes with planned and structured training programmes appropriate to their abilities and goals by ensuring that equal attention and opportunities are available to all, including those requiring a modified plan due to sickness or injury.
- As a coach, acknowledge that this Code of Conduct is to be read in conjunction with the Coaches Code of Ethics.

Coaches, Club officials or Club safeguarding/welfare Officers agree that they will abide by this code of conduct and promote it to others, and understand and accept that any breach of the Code of Conduct on my part may result in BIS taking actions under the Disciplinary Regulations.

### **Code of conduct for parents/carers**

Parents should be encouraged to accompany their children to activities, but they should not be included in supervision calculations unless they are present in an official volunteering role. BIS's Codes of Conduct give everyone a guide to what is expected of parents if they are part of an organisation, participating in a sport, or are spectators at their child's events. Ethics in sport are embodied in the following principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship.

The BIS's Codes of Conduct asks the parents to respect the following guidelines:

1. Encourage your child to skate in a safe and healthy environment.
2. Encourage good sportsmanship by demonstrating positive support for all skaters, coaches, volunteers and officials and do not question the judgement of event officials
3. Emphasise that doing one's best is more important than winning. Teach that effort and participation are important as victory
4. Do your best to make skating fun and remember that the child participates in sports for his/her own enjoyment – not yours. Do not force them to participate unwillingly
5. Advise your child to treat other skaters, coaches and officials with respect
6. Advise your child to treat everyone equally and sensitively regardless of their age, disability, gender, race, ethnic origin, cultural background, sexual orientation, religious beliefs or political affiliation
7. Inform your child's coach of any physical disability that may affect the safety of the child or the safety of others.
8. Place the emotional and physical well-being of your child ahead of your personal desire to win.
9. Support all efforts to remove verbal, physical and racist abuse from ice skating
10. Remember that young people and vulnerable adults learn best by example

#### **As a parents/carer you have the right to:**

- Be assured that your child is safeguarded during their participation in sport
- Be informed of problems or concerns relating to your children
- Be informed if your child is injured
- Have your consent sought for participation in event, trips and competition
- Have your consent sought for participation in film or photography
- Contribute to decisions within the Club
- Have any concerns about any aspect of your child's welfare listened to responded to

#### **As parents, you are expected to:**

- Complete and return the Registration, Medical and Consent Form pertaining to your child's participation with the Club
- Be responsible for ensuring your child arrives and is collected punctually before and after sessions/competitions/events
- Ensure your child has appropriate kit and clothing. Any child not in possession of the fundamental requirements will not be permitted to participate

- Detail any relevant medical concerns or conditions pertaining to their child on the registration/consent form. Any changes in the state of the child's health should be reported to the coach or Club staff prior to the activity
- To inform the coach prior to the activity starting if your child is to be collected early
- Encourage your child to play by the rules, and teach them that they can only do their best
- Ensure that your child understands their code of conduct
- Behave responsibly whilst spectating; do not embarrass your child
- Show appreciation and support the coach
- Be realistic and supportive
- Accept the decisions of coaches, judges and other officials

Any breaches of this code of conduct will be dealt with immediately by a Designated Person. Persistent concerns or breaches may result in you being asked not to attend training sessions, competitions or any other event organised by the club if your attendance is considered detrimental to the welfare of young participants.

### **Code of conduct for skaters**

In addition to the above, all skaters agree that they will respect and:

- Make a positive commitment to supporting and achieving the aims of BIS.
- Accept and abide by all the sport's policies and procedures currently adopted in relation to membership of BIS.
- Project a favourable and positive image of the sport.
- Behave in a manner that shows proper respect for other athletes and colleagues in the sport and other athletes when training and/or competing.
- Will not impinge on others enjoyment of the sport by consuming alcoholic drinks, consuming illegal substances, smoke or vape immediately prior to or while participating in the sport in line with the BIS Anti-Doping Policy.

Skaters agree that they will abide by this code of conduct and promote it to others, and understand and accept that any breach of this Code of Conduct may result in BIS taking actions under the Disciplinary Regulations.

Ice rinks can be dangerous places. In order for the Club sessions to be a safe, effective and enjoyable learning place for all members, skaters must observe the following:

- Recognise that Club sessions are an opportunity to train seriously and to develop skating skills.
- During coaching sessions, skaters are expected to adhere to the coaches' instructions and will be asked to leave the ice if they do not co-operate.
- When talking at the ice edge, skaters will remain aware of members who are skating and be prepared to move or leave the ice.
- MP3 players/ipods/smart phones and headphones are not allowed on the ice. Skaters filming each other with smart phones is not permitted.
- Behave appropriately at all times by observing the rules of the ice rink, which are displayed around the rink side.
- Wear appropriate training clothes when on the ice, such as tracksuit bottoms/leggings/suitable trousers, skating tights and skating dresses.

- Ensure long hair is tied back.
- Skaters must use their own skates - the club does not provide any skates.

Any breaches of this code of conduct will be dealt with immediately by a Designated Person. Persistent concerns or breaches may result in you being asked not to attend training sessions, competitions or any other event organised by the club if your attendance is considered detrimental to the welfare of young participants.