



Ice skating is fun!

Stay safe and

have fun at

**Oxford Figure Ice
Skating Club**



What is Safeguarding?

It is about knowing how to keep yourself and your friends safe whilst you are ice skating.

It is about knowing what 'feels wrong' and knowing that you ALWAYS have somebody to talk about it.

At our club, we

Respect each other

Always try our best

Celebrate each other's successes

Love ice skating

**WE WILL LISTEN
WE WILL SUPPORT
WE WILL TAKE ACTION**

**Need to talk
to someone?**

**Speak to us -
we are here to
help**

**Talk about
secrets that
upset you**

It's not your fault if someone hurts you



MY WELFARE OFFICER'S DETAILS

Name: Claire Beveridge

Email: safe@ofisc.co.uk

BIS CONTACT

John Mills

Lead Safeguarding Officer

www.iceskating.org.uk

Tel: 01159 888 060

Tel: 07539 697 819

Email: safeguarding@iceskating.org.uk

For immediate confidential advice
(24hr helplines) contact:

NSPCC	0808 800 5000	www.nspcc.org.uk
Childline	0800 1111	www.childline.org.uk



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