



Ice skating is fun!

Stay safe and

have fun at

[

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What is Safeguarding?

It is about knowing how to keep yourself and your friends safe whilst you are ice skating.

It is about knowing what **'feels wrong'** and knowing that you **ALWAYS** have somebody to talk about it.

At our club, we

Respect each
other

Always try our
best

Celebrate each
other's
successes

Love ice
skating

WE WILL LISTEN
WE WILL SUPPORT
WE WILL TAKE ACTION

**Need to talk
to someone?**

**Speak to us –
we are here to
help**

**Talk about
secrets that
upset you**

It's not your fault if someone hurts you



MY WELFARE OFFICER'S DETAILS

Name: Segen Michael

Contact Number:

Email: safe@ofisc.co.uk

BIS CONTACT

John Mills

Lead Safeguarding Officer

www.iceskating.org.uk

Tel: 01159 888 060

Tel: 07539 697 819

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For immediate confidential advice
(24hr helplines) contact:

NSPCC	0808 800 5000	www.nspcc.org.uk
Childline	0800 1111	www.childline.org.uk



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